



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM: Scrambled eggs & oranges L: Mixed vegetable & lentil *pita ; green beans PM: Frozen blueberries & Triscuits	AM: Coco overnight *Oats & bananas L: Cheese & tomato pizza ; cucumbers PM: Cornbread & Pineapple	AM: Warm *pita & applesauce L: Bean & vegetable Texas caviar ; *corn chips ; Roasted sweet potato PM: Pretzels & Grape	AM: *Granola & Melon L: Baked fish ; mixed vegetable rice; carrots PM: *Pita chips & Hummus	AM: *Toast & strawberries L: Taco mixed vegetable & black bean *pasta ; peas PM: Trail mix & bananas
AM: *Oatmeal & apples L: Mac n cheese & peas; lettuce salad PM: Banana *oatballs	AM: *Puffed Kamut Cereal & blueberries L: Carrot & hummus *pita pizza ; roasted potatoes PM: Raisins & Pretzels	AM: Vanilla yogurt & bananas L: Sweet potato & black bean *tortillas ; corn PM: *Chips & Salsa	AM: *Pancakes & pineapples L: Turkey & Tomato *spaghetti ; green beans PM: Cinnamon *tortilla & vanilla yogurt	AM: Rice porridge & oranges L: Garbanzo & carrot untuna salad *sandwich ; broccoli PM: Frozen grapes & oyster crackers
AM: Baked eggs & mixed vegetables L: Lentil mushroom *taco; corn PM: Cheese & crackers	AM: Cinnamon overnight *Oats & apples L: Green pepper & cheese Pizza; kale salad PM: *Corn bread & tomatoes	AM: Warm cinnamon *tortilla & bananas L: Sesame garbanzo & broccoli *pasta salad ; cucumber fries PM: Pretzels & pumpkin applesauce	AM: *Granola & Oranges L: Fish fingers; coleslaw; corn; *tortillas PM: Chips & black beans hummus	AM: *Banana bread & apples L: Cold Italian mixed vegetable & garbanzo pasta ; peas PM: Trail mix & oranges
AM: *Oatmeal & pineapple L: Grilled cheese & peppers ; jicama sticks PM: Cauliflower & dill yogurt	AM: *Corn Cereal & strawberries L: Taco mixed vegetables & lentil pizza ; corn PM: Celery & sunbutter ; raisins	AM: Strawberry yogurt & bananas L: Tofu & mixed vegetable stir fry ; *rice ; cabbage salad PM: *Chips and Fruit salsa	AM: *Pancakes & applesauce L: Turkey & mixed vegetable taco dip ; *corn chips ; peas PM: Ginger tortillas & pineapple yogurt	AM: *Rice porridge & bananas L: Hummus & cucumber sandwiches ; mashed carrots PM: Triscuits & cheese
AM: Scrambled eggs & Melon L: coconut lentil curry & carrots : *rice; peas PM: Apples & sunbutter	AM: Coconut overnight *Oats & oranges L: Cold mixed vegetable cheese *pita pizza ; carrots PM: Cornbread & peaches	AM: *Tortilla & roasted potato L: *Rice , bean & mixed vegetable casserole ; green beans PM: Pretzels & Hawaiian applesauce	AM: *Granola & mashed berries L: Fish & pea cheesy *noodle casserole ; kale salad PM: *Pita chips & cinnamon hummus	AM: *Carrot bread & oranges L: *Rice noodle, edamame & mixed vegetable salad ; roasted cabbage PM: Trail mix & melon
AM: Orange dream *oatmeal & peaches L: Quesadilla & zucchini ; cabbage salad PM: Cinnamon toast & Apples	AM: *Puffed rice & Mixed berries L: Tofu alfredo & mixed vegetable pizza ; green beans PM: *Crackers & raisins	AM: Cinnamon yogurt & apples L: Edamame & *rice noodle pad thai ; cucumbers ; peas PM: *Chips & Italian salsa	AM: *Pancakes & oranges L: Chicken & mixed vegetable *pita ; french fries PM: Pretzels & yogurt	AM: *Quinoa berry porridge & apples L: Sunbutter and Banana *tortillas ; corn PM: Cheese Crackers & tomatoes

## SUMMER ROTATING MENU

### Madison Location

AM: -snack  
L: Lunch  
PM: Snack

All snacks are served with water unless otherwise marked.  
All cereal served on menu is 100% whole grain.  
All \* indicate 100% whole grain component.  
Served at all breakfasts and lunches age 2+ : 1 % milk age 1 : whole milk



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3rd</b> AM:*Flap jacks & oranges L: Mixed vegetable & lentil *pita ; green beans PM:Frozen blueberries & Triscuits	<b>4th</b> AM:Coco overnight *Oats & bananas L: Cheese & tomato pizza : cucumbers PM: Cornbread & Pineapple	<b>5th</b> AM: Warm *pita & applesauce L: Bean & vegetable Texas caviar ; *corn chips ; Roasted sweet potato PM: Pretzels & Grape	<b>6th</b> AM:*Granola & Yogurt L: Baked fish ; mixed vegetable rice; carrots PM:*Pita chips & Hummus	<b>7th</b> AM:*Toast & strawberries L: Taco mixed vegetable & black bean *pasta ; peas PM: Trail mix & bananas
<b>10th</b> AM:*Oatmeal & apples L: Mac n cheese & peas; lettuce salad PM: Banana *oatballs	<b>11th</b> AM:*Puffed Kamut Cereal & blueberries L: Carrot & hummus *pita pizza ; roasted potatoes PM: Raisins & Pretzels	<b>12th</b> AM: Vanilla yogurt & bananas L: Sweet potato & black bean *tortillas ; corn PM: *Chips & Salsa	<b>13th</b> AM:*Pancakes & pineapples L: Turkey & Tomato *spaghetti ; green beans PM: Cinnamon *tortilla & vanilla yogurt	<b>14th</b> AM: Rice porridge & oranges L: Garbanzo & carrot untuna salad *sandwich ; broccoli PM: Frozen grapes & oyster crackers
<b>17th</b> AM: Baked eggs & mixed vegetables L: Lentil mushroom *taco; corn PM: Cheese & crackers	<b>18th</b> AM: Cinnamon overnight *Oats & apples L: Green pepper & cheese Pizza; kale salad PM: *Corn bread & tomatoes	<b>19th</b> AM: Warm cinnamon *torrilla & bananas L: Sesame garbanzo & broccoli *pasta salad ; cucumber fries PM: Pretzels & pumpkin sauce	<b>20th</b> AM:*Granola & Oranges L: Fish fingers; coleslaw; corn;*tortillas PM: Chips & black beans hummus	<b>21st</b> AM:*Banana bread & apples L: Cold Italian mixed vegetable & garbanzo pasta ; peas PM: Trail mix & oranges
<b>24th</b> AM:*Oatmeal & pineapple L: Grilled cheese & peppers ; jicama sticks PM: Cauliflower & dill yogurt	<b>25th</b> AM:*Corn Cereal & strawberries L: Taco mixed vegetables & lentil pizza ;corn PM: Celery & sunbutter ; raisins	<b>26th</b> AM: Strawberry yogurt & bananas L: Tofu & mixed vegetable stir fry ; *rice ; cabbage salad PM: *Chips and Fruit salsa	<b>27th</b> AM:*Pancakes & applesauce L: Turkey & mixed vegetable taco dip ;*corn chips ; peas PM: Ginger *tortillas & pineapple yogurt	<b>28th</b> AM:*Rice porridge & bananas L: Hummus & cucumber sandwiches ; mashed carrots PM: Triscuits & cheese

## JUNE 2019

### Location WAUNAKEE

AM: Snack  
 L: Lunch  
 PM: Snack

All snacks are served with water unless otherwise marked.  
 All lunches are served with 1% milk for ages 2 and up. Children under 2 are served Vitamin D whole milk.  
 All cereal served on menu is 100% whole grain.  
 \* indicates 100% whole grain component.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1st</b> B:Baked eggs & mixed vegetables L:Lentil mushroom *taco; corn S:Cheese & crackers	<b>2nd</b> B:Coconut overnight *Oats & oranges L:Cold mixed vegetable cheese *pita pizza ; carrots S:Cornbread & peaches	<b>3rd</b> B:*Tortilla & roasted potato L:*Rice , bean & mixed vegetable casserole ; green beans S:Pretzels & Hawaiian applesauce	<b>4th</b>  <b>HOLIDAY</b>	<b>5th</b>  <b>HOLIDAY</b>
<b>8th</b> B: Orange dream *oatmeal & peaches L:Quesadilla & zucchini ; cabbage salad S:Cinnamon toast & Apples	<b>9th</b> B:*Puffed rice & Mixed berries L:Tofu alfredo & mixed vegetable pizza ; green beans S:*Crackers & raisins	<b>10th</b> B:Cinnamon yogurt & apples L:Edamame & *rice noodle pad thai ; cucumbers ; peas S:*Chips & Italian salsa	<b>11th</b> B:*Pancakes & oranges L:Chicken & mixed vegetable *pita ; french fries S:Pretzels & yogurt	<b>12th</b> B:*Quinoa berry porridge & apples L:Sunbutter and Banana *tortillas ; corn S:Cheese Crackers & tomatoes
<b>15th</b> B: Scrambled eggs & oranges L: Mixed vegetable & lentil *pita ; green beans S:Frozen blueberries & Triscuits	<b>16th</b> B:Coco overnight *Oats & bananas L:Cheese & tomato pizza : cucumbers S:Cornbread & Pineapple	<b>17th</b> B:Warm *pita & applesauce L: Bean & vegetable Texas caviar ; *corn chips ; Roasted sweet potato S:Pretzels & Grape	<b>18th</b> B:*Granola & Melon L:Baked fish ; mixed vegetable rice; carrots S:*Pita chips & Hummus	<b>19th</b> B:*Toast & strawberries L:Taco mixed vegetable & black bean *pasta ; peas S:Trail mix & bananas
<b>22nd</b> B:*Oatmeal & apples L:Mac n cheese & peas; lettuce salad S:Banana *oatballs	<b>23rd</b> B:*Puffed Kamut Cereal & blueberries L:Carrot & hummus *pita pizza ; roasted potatoes S:Raisins & Pretzels	<b>24th</b> B:Vanilla yogurt & bananas L:Sweet potato & black bean *tortillas ; corn S:*Chips & Salsa	<b>25th</b> B:*Pancakes & pineapples L:Turkey & Tomato *spaghetti ; green beans S:Cinnamon *tortilla & vanilla yogurt	<b>26th</b> B:Rice porridge & oranges L:Garbanzo & carrot untuna salad *sandwich ; broccoli S:Frozen grapes & oyster crackers
<b>29th</b> B:Baked eggs & mixed vegetables L:Lentil mushroom *taco; corn S:Cheese & crackers	<b>30th</b> B:Cinnamon overnight *Oats & apples L:Green pepper & cheese Pizza; kale salad S:*Corn bread & tomatoes	<b>31st</b> B:Warm cinnamon *tortilla & bananas L:Sesame garbanzo & broccoli *pasta salad ; cucumber fries S:Pretzels & pumpkin sauce	<b>1st</b> B:*Granola & Oranges L:Fish fingers; coleslaw; corn;*tortillas S;Chips & black beans hummus	<b>2nd</b> B:*Banana bread & apples L:Cold Italian mixed vegetable & garbanzo pasta ; peas S:Trail mix & oranges

## JULY 2019

### Location WAUNAKEE

AM:Snack  
L:Lunch  
PM:Snack

All snacks are served with water unless otherwise marked.

All lunches are served with 1% milk for ages 2 and up. Children under 2 are served Vitamin D whole milk.

All cereal served on menu is 100% whole grain.

\* indicates 100% whole grain component.